**Walking Camp Kit List**

**REQUIRED/ESSENTIALS ✍**

Complete set of spare clothes (suitable for outdoor use)

Warm jumper/hoodie, hat & gloves

Sturdy footwear for mountain walking

Suitable clothing for mountain walk

Waterproof jacket & Trousers

Head torch

Day sack/Rucksack

Water bottle

Sleeping bag for appropriate season (time of year)

Toiletries/Wash kit/Towel

KFS (Knife, Fork, Spoon) & mug

Personal medication

Snacks (evening meal, Lunch and breakfasts supplied)

Bin bag for wet clothes

Face mask/shields for camp duration

**DESIRABLES**

Sleeping mat/Yoga mat

Plate

Camping chair

Camp bed

Spare footwear

Flask

**NB:** Equipment not used can be left in your vehicle